

# RIDE & TIE

## NEWSLETTER



**OCTOBER 2013**

### **43RD ANNUAL WORLD CHAMPIONSHIP RIDE & TIE**

*August 24, 2013, Fort Bragg, CA*



Elaine Ruprecht on Nasabas Zypher  
Picture by Steve Shaw



# PRESIDENT'S MESSAGE

by Ben Volk

*Ride & Tie Association President*

**H**ey Ride & Tie fans. I hope you are all having a great year of Ride & Tie. With the World Championship R&T behind us, we can concentrate on some excellent local events. Let's get out there and support your local endurance rides and R&T events. Volunteers put a ton of hours into hosting quality events, so we owe it to the Race Directors and all the other volunteers to show up and have a great time.

Speaking of volunteering, I just spent a week at the AERC National Championships crewing for Dennis and Sue Summers at the 50-mile and 100-mile National Championship. The 50-mile ride ended in a sprint finish with 4 riders "coming in hot" from about 4-miles out. Dennis ended up getting edged out by the length of a horse to Christoph Schork. In the 100-miler it was once again 4 riders coming in fast with 4 miles to go. In this case, Kevin Meyers took first with Dennis and Sue coming in 3rd and 4th. The whole team was especially proud when Sue Summer's horse, Mags Motivator, took Best Condition and High Vet Score. I would highly recommend crewing for an endurance rider at an upcoming 50 or 100-mile ride. I learned a ton of new information about how to take care of your horse and yourself. Those 2 sprint finishes were the most exciting horse-back riding spectacles I had ever seen.

You may have received notice via Facebook or email that we are raising money for long-time Ride & Tie participant Michele Roush. Michele was severely injured in a training accident where she was mentoring riders for the 2013 Tevis Cup. There is more information in this issue of R&T News. I would highly encourage all of you to donate to the "Tooth Fairy Fund" to help Michele with her expenses.

We'd love to see 40-50 teams at the 2014 Ride & Tie World Championship to be held in Georgetown, California on July 12, 2014. Stick around until July 19, 2014 and you can also do the Gold Country Riders Endurance Ride. Heck since you are in that neck of the woods, stay for a while and crew for the Tevis Cup riders on August 9, 2014 in Auburn, CA! I know there is always that pesky work thing to worry about, but hey, a guy can always dream.

Let one of the Board Members know if you have any constructive criticism about the 2013 World Championship Ride & Tie. But be careful, you may get volunteered for something if you scream too loud. Did you like the course? Was it long enough for you? Did you enjoy sharing the trails with our endurance riding friends? Would you like to see more awards? Did you get enough swag in your Swag Bag? Sue Smyth will be the Race Director for the 2014 Championship, and she is bound and determined to make it the BEST CHAMPIONSHIP EVER! So please, put the date on your calendar and give us feedback so we can have a great race in 2014.

Keep on Riding and Tying! 🐾



Ben Volk, Heather Huggins and Marquitable Asset CCA

*Picture by Brian Dorsey*



**ANNOUNCING**  
*The 44<sup>th</sup> Annual*  
**WORLD CHAMPIONSHIP**  
**RIDE & TTE**  
👉 **GEORGETOWN, CALIFORNIA** **JULY 12, 2014** 👉  
**IN THE HEART OF THE GOLD COUNTRY**  
Hosted by The Gold Country Endurance Riders



The Dru Barner Equestrian Camp is a location that has the ideal campground, with water troughs; several pull through spaces, fire rings & some corrals. There are grills & picnic tables at the group kitchen area. It is located in a grove of mixed pine, cedar & oak trees at an elevation of 3,200 ft.

The Gold Country Endurance Riders is a club based in Auburn, CA with members from as far as Reno, Chico, Sacramento and beyond. Membership includes endurance riders, social riders and non-riders. The cohesiveness of this multi-interest group comes from a common love of horses, comradship among members and a united desire to preserve and improve the sport of endurance riding and the trails that we all enjoy and use. 🐾



Cindy Larkin - Photo





# RIDE & TIE GALLOPS INTO FORT BRAGG FOR 43RD ANNUAL WORLD CHAMPIONSHIPS

by Eve Blumenfield Photos by Brian Dorsey

**O**n a beautiful morning, seven miles north of the town of Fort Bragg on the coast of Mendocino, the fog cleared way to make a spectacular 43rd Annual World Championship Ride & Tie Race.

Long before anyone was up, they knew what was in store for them, 35 miles of running through beautiful forests, running creeks and views of some of the most stunning coastline the Pacific Ocean has to offer.

The munching, snorting, chewing and neighing — the horses knew it, this was race day. I don't know how, but they knew...

Now you get that feeling and it starts in your gut and gives you goose bumps as you get ready: eating, dressing, putting on your running shoes, checking the horse, checking them again and heading to the starting line.

Five...Four...Three...Two...One and the hat drops and the 43rd Annual World Championship Ride and Tie Race takes off with 26 teams hailing from Washington to Virginia.

For the overall win, Mary Tiscornia & Mark Richtman riding on Nero took it! Mary is a legend in the ranks of Ride & Tie and has ridden all 43 Championships since Bud Johns and Levis started the sport back in the 1970's.

Respectively, Ben Volk, President of Ride & Tie and his partner Heather Huggins riding on Marq took second place.

"The rugged terrain surrounding Fort Bragg was certainly a challenge for the competitors and horses. But the climb to the top of Simcha Summit was rewarded with a breathtaking view of the Pacific Ocean and coastline," said Volk.

"Thank you" to Forest Tancer and all his crew for their wonderful generosity and agreeing to have to event come to Fort Bragg. 🐾



The Start of the 43rd World Championship Ride And Tie 2013





# MARY TISCORNIA, MARK RICHTMAN & NERO LASSO FIRST PLACE IN 2013 WORLD CHAMPIONSHIP RIDE & TIE EVENT

by Eve Blumenfeld

**S**even miles north of the town of Fort Bragg on the coast of Mendocino, the fog cleared to make a spectacular 43rd Annual World Championship Ride & Tie Race. 26 teams competed from Washington to Virginia including Larkspur resident Mary Tiscornia & Mark Richtman.

35 miles of running through beautiful forests, running creeks and views of some of the most stunning coastline the Pacific Ocean has to offer. "The rugged terrain surrounding Fort Bragg was certainly a challenge for the competitors and horses," said Volk, President of Ride & Tie.

For the overall win, Mary Tiscornia & Mark Richtman on Nero took the race! Mary is a legend in the ranks of Ride & Tie and has completed all 43 Championships since Bud John's, then with Levi's, saw a reference to this 2 people, 1 horse activity in some old English literature and turned it into a sport. She began this sport in 1971 when there were very few running, riding or extreme sports.

"I was hooked...more fun and interesting than just running or riding and have been doing it ever since," said Tis-



Mary Tiscornia, Mark Richtman and Nero

Picture by Brian Dorsey

cornia, 68. "Biggest problem is for one, the need for a horse. They are harder to keep and you cannot just put them in the garage when you're done like you can with your bike, skis, clubs etc. It's worth it when you find yourself with a horse and ready to ride. I've won 8 or 9 Woman/Woman events and 3 or 4 Man/Woman events but never first overall. Mark Richtman and I did it on my horse Nero and they were both fantastic."

Tiscornia also took home "Pats' Purse," started by Pat and Nita Browning. "The definition of our purse is that

at least one member of the team has never won the race," said Nita Browning. "Pat started the prize to get the usual winners to bring someone else into the sport. It works! I think it's great that Mary & Mark won. They are one tough team!"

"I recently joined the sport and was immediately inundated with the name Mary Tiscornia," said Eve Blumenfeld, first time competitor. "Who was this Mary Tiscornia? She's an incredible woman I had the pleasure of meeting this past weekend. When not on the horse she could be found walking with her well-behaved companions Pocket & Pickles. I look forward to seeing her at the 44th World Championships Ride & Tie."

Two people, a horse and one tough race..... For more info on the sport go to [www.rideandtie.org](http://www.rideandtie.org)



Mark Richtman | Picture by Steve Shaw



# OUTSIDE ROUNDUP: JEC BALLOU AND MELISSA MONTGOMERY FINISH NINTH IN RIDE & TIE CHAMPIONSHIPS

by Julie Jag Photos by Steve Shaw

Jec Ballou of Soquel and Melissa Montgomery of Vacaville studied strategy before lining up for Saturday's 43rd annual Ride & Tie Championships. But they had to learn the hard way that winning a title is about more than how well a team runs and rides.

Leading all competitors by nearly five minutes midway through the race, the women—both competing in just their second championships—made a rookie mistake that left them happy to finish ninth. Ballou tied the team's horse, Courage, off the trail and runner Montgomery ran right past him. A member of another team alerted the women to their mistake, but Ballou got lost when she went back to retrieve the horse. By the time they ended up at the veterinary check, 14 miles from the finish, they were in last place.

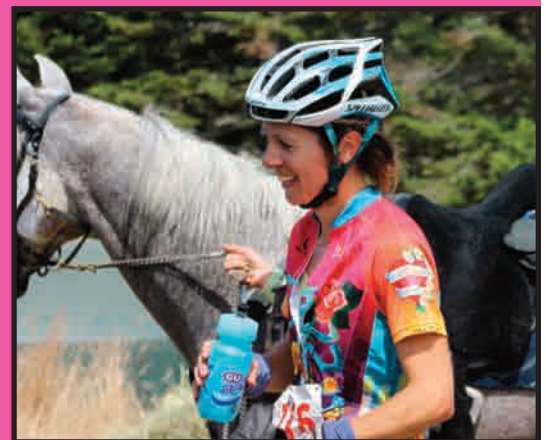
"Crestfallen, I rode in to the 21-mile vet check dead last in 25th place," Ballou wrote on her Facebook page. "The horse's owner looked at me and said 'C'mon, let's go, you can get yourselves back up in the top 10,' which was more or less not possible. But with 14 miles left, we rode/ran full blast and completed that final 14 miles in just over an hour, passing one team after the next until, yes, we finished in (ninth) place."

"Unbelievable. Not the top 3 finish we hoped for, but definitely a comeback for the record books on that final loop."

Ballou, 35, Montgomery, 35, and 11-year-old Courage, owned by Aptos' Steve Shaw, finished in 4 hours, 34 minutes, just ahead of another Santa Cruz team. Siobahn Saunders, 48, of Santa Cruz and Angela Robel, 37, of Aptos took 10th (4:35) on Serafina. George Hall, 62, of Santa Cruz secured partner Meghan Zehndner, 35, of Inyokern, an hour before the race to put him on the path to his 31st championship completion. The pair finished in 21st (6:08) aboard Pancho.



Jec Ballou (left), Melissa Montgomery (right)



# CALL FOR HELP!

## TOOTH FAIRY FUND

### MICHELE ROUSH

Many of you might know that Michele Roush, a lifetime member of Ride & Tie and also AERC had a serious accident while mentoring some riders on the Tevis trail. She lost five of her front teeth and damaged two others. She does not have any dental insurance, so the \$35,000 needed to fix them all will be tough for her.

Members of the Ride & Tie Association and AERC helped Pat and Nita Browning many years ago when Pat had a \$35,000 horse wreck and they had no insurance. It was SO greatly appreciated. We would like to ask for that kind of help for Michele Roush.

We would appreciate it if you would send in anything for her. You can send \$10 or whatever to help with this fund. It all adds up. Any and all donations are tax deductible and those over \$250 will get a letter needed for the IRS. You can also donate via PayPal on the Ride & Tie website, [www.rideandtie.org](http://www.rideandtie.org)

If you can help please send checks made out to "The Ride & Tie Association" to:

Ben Volk, President  
Ride & Tie Association  
2709 N. Rd. 64  
Pasco, WA 99301

Just mark on the check

**"Donation: Tooth Fairy Fund" or "Michele Roush Medical".**

*Thank you one and all for your consideration for our friend and fellow rider.*

## HORSES WITH 10 OR MORE CHAMPIONSHIP COMPLETIONS:

At this time Magic Sirocco is the only one competing.

| Name (Owner)                | BREED       | CAREER<br>TOTAL | YEARS OF<br>PARTICIPATION |
|-----------------------------|-------------|-----------------|---------------------------|
| Magic Sirocco (Jim Howard)  |             | 13              | 13                        |
| Willey (Browning)           | 1/2 Arabian | 13              | 13                        |
| Gavilan (Betts) 1986-2004   |             | 11              | 11                        |
| Mis P (Hollander)           |             | 11              | 11                        |
| Abe Hafid Fadjur (Bohannon) | 1/2 Arabian | 10              | 10                        |
| Grab (Andriotti)            | Arabian     | 10              | 10                        |
| Joe Wee (Pomilia)           | Arabian     | 10              | 10                        |

## CONGRATULATIONS TO THE FOLLOWING AT THE 2013 CHAMPIONSHIP RACE:

### 5 Completions

Gunilla Pratt  
Susan Smyth  
Sequoia Ward

### 10 Completions

Kathy Broadus  
Lani Newcomb  
Rick Noer

### 20 Completions

Tom Gey

### 39 Completions

Mary Tiscornia



# 2013 RECIPIENT OF THE RIDE AND TIE ASSOCIATION JIM STEERE MEMORIAL VETERINARY SCHOLARSHIP PROGRAM MELINDA N. FAUBEL, DVM CANDIDATE, UC DAVIS

Melinda Faubel is a Ride & Tie member and is the recipient of the 2013 Ride & Tie Scholarship for \$1,000.

She beat out 6 other skilled writers for the scholarship this year.



*Introduction by Melinda:*

*I am entering my third year of vet school, with a large animal interest focus and a passion for equine exercise physiology and endurance sports. Last year my veterinary school mentor, Dr. Michelle Jay-Russell and her horse Stashi were looking for a ride and tie partner and I did my first ride in the Fall of 2012. I've been an endurance rider since 2006 and especially enjoy the challenge of 100 mile rides, however after completing the Cool Ride and Tie event in 2012 I declared ride and tie the "most fun I've ever had on horseback". Thus, I am honored to have my attached essay, "A Hot Topic" considered for the Ride and Tie Association Veterinary Student Scholarship.*

*Sincerely,*

*Melinda N. Faubel*

*DVM Candidate,*

*University of California Davis School of Veterinary Medicine, c/o 2015*

## A HOT TOPIC

by Melinda Faubel

**O**ur equine partners share more with us than just a mutual love of the outdoors and speed. Humans and horses can also cool efficiently during prolonged exercise by utilizing an intricate system that is both very similar and very different between our species. By understanding the physiology behind how our bodies handle heat, we will make our partnerships, training, and competitions more successful.

It may surprise you that cooling in hot weather requires energy, just like staying warm in cold weather. For every species there is a temperature range where no extra energy has to be spent to cool or warm the body. This is called the thermal neutral zone (TNZ). It isn't a coincidence that we consider mid-70's a comfortable "room temperature". Horses have a very different version of room temperature. For horses living in temperate climates the equine TNZ is somewhere around 30-50°F (depending on the time of year). We regularly com-

pete in temperatures above this, and during exercise, the TNZ is even lower than this because structures, such as muscles, are generating heat.

The most significant way to get rid of heat is to move it from the body core to the surface of the animal, where it can dissipate into the environment. The more surface area available, the more heat that can be eliminated. Unfortunately as body size increases there is less surface area relative to body mass, thus horses - being larger than humans - are less efficient at getting rid of heat through their skin. Fortunately, several nifty adaptations allow our equine partners to dissipate about 65% of their heat load through their skin. First, horses like humans can sweat! The presence of sweat on the skin makes the movement of heat from the body to the environment more efficient. Another advantage is the horses' simple sweat glands that do not conserve sodium. The extra salt in horse sweat, and the presence of a

very special molecule called latherin, alters the evaporation point of horse sweat and may lead to better evaporative cooling. Latherin is most famous for its ability to create foam and lather on the skin of a sweaty horse. However, because latherin is something called a "surfactant protein" it has another very important function as a component of horse sweat. Have you ever noticed that the coat on your horse seems to repel moisture and water "beads" off of your horse? Adding a surfactant, like latherin, reduces surface tension, which forces the hair to get wet, instead of repelling moisture. Latherin allows the liquid sweat to move from the skin to the normally water repellent coat, to the air, where it cools the horse by evaporating.

There are several factors, such as age and fitness level, that will determine how much heat your horse will actually generate during exercise, and how well the heat is gotten rid of. Increasing age comes with several physiological



changes, such as a decrease in plasma volume. Lower plasma volume has been cited as one reason why older horses have a higher body temperature and heart rate during exercise. While you may not be able to do anything about your horse's age, you can make sure they are well conditioned. Horses that have better overall fitness will generate less heat during exercise because fit muscles produce less heat than unfit muscles doing the same task.

Spending two or three weeks acclimating the horse (and human!) to the heat is another way to increase the efficiency of innate cooling mechanisms. There is evidence that horses and humans experience similar changes in response to heat conditioning. Heat acclimation starts to occur as early as 3-5 days after regular exposure to and exercise in heat, with most adaptations complete within 14 days. Exercising in the heat is key - a horse standing in pasture, or a rider sitting in a lawn chair sipping lemonade is not heat conditioning!

During the heat acclimatization process several changes occur within the body. Changes in the cardiovascular system such as a decrease in heart rate and core temperatures during exercise, and an increase in plasma volume are complete within the first week. Within 10-14 days there are alterations in when, what, and how much the horse sweats. In the heat acclimated horse, sweating rates increase during exercise, however sweating stops faster after exercise is done, so the overall sweat losses are lower. The composition of the sweat changes after heat acclimatization too. In one study, calculated sweat ion losses were 26% lower after acclimation, which was mostly due to the 10% decrease in sodium concentration in the sweat.

How long will this heat acclimatization last? Unfortunately, no one has looked at the heat acclimatization "rate of decay" in horses, however human studies report it as one to "several" weeks. In physically fit people, heat adaptations decay at a slower rate. It is safe to assume that at the start of each



Melinda Faubel and Tess Derbyfield

hot season, all members of the ride and tie team will need to train in the hot temperatures and be reacclimatized.

Understanding and taking advantage of the major mechanisms that the body uses to cool itself can make a huge difference at your next hot ride and tie. Heat conditioning for at least two weeks prior to the ride will provide substantial benefit to both human and equine. On the day of the ride, supporting evaporative cooling through sweating and applying water, as well as taking advantage of shade and moving air will make sure your ride and tie team crosses the finish line feeling great. 🐾

***The \$1,000 Ride and Tie Association Jim Steere Memorial Scholarship is available to any student enrolled in a veterinary program in the United States.***

***The scholarship is awarded to the veterinary student who submits the best short article that is useful for publication in the Ride & Tie Newsletter. The 700-1,000 word article may be technical or scientific, or may relate to experience with horses and/or competition. Veterinary students from Washington State University, Colorado State University and U.C. Davis have been recipients.***

***For more information go to our website at [www.rideandtie.org](http://www.rideandtie.org), send an e-mail to [scholarship@rideandtie.org](mailto:scholarship@rideandtie.org) or call 509-521-6249.***


# LESLIE YATES MEMORIAL COOLEST RIDE AND TIE AND BIATHLON COMING OCTOBER 12, 2013

by Eve Blumenfield

## HYPE

for the Coolest race in town is heating up. Not more than a few hours after the 43rd annual World Championship Ride and Tie Race came to a completion in Fort Bragg last month, competitors of the sport were looking ahead to the Oct. 12 Leslie Yates Memorial Coolest Ride and Tie and Biathlon set to take place in Cool.

The Cool event will offer 22-, 14-, 9- and 5-mile Ride and Tie Courses and a 14-mile Biathlon Course (5-mile run, 9-mile ride, two people). The ride and tie is a fundraiser for the Michael Gray Foundation out of Cool and the Leslie Yates Memorial Fund to help financially assist those who want to try the sport.

The course is on the beautiful Olmstead Knickerbocker trail that includes views of Sierra Nevada. Trails vary from single track to fire road, mostly rolling with a few of short/medium climbs ranging in difficulty from easy to moderate. Rides will get under way at 8 a.m. on race day. For more information, visit [rideandtie.org](http://rideandtie.org). 

## UPCOMING 2013 RACE SCHEDULE

**Oct 12, 2013, LESLIE YATES MEMORIAL COOLEST Ride & Tie Cool, CA**

23, 14, 9 and 4 mile ride tie courses 18 mile Biathlon Course (9 mi run, 9 mi ride, 2 people) Manager: Susan Smyth, Carrie Barrett.

Contact: [susansmythjackson@gmail.com](mailto:susansmythjackson@gmail.com), [carriearrett2@gmail.com](mailto:carriearrett2@gmail.com)

**Oct 19, 2013, FOOTHILLS OF THE CASCADES, Mollala, OR**

25 miles. Manager:: Anna Sampson, Mary Nunn, 16501 S. Butte Creek Rd, Molalla, OR 97038, (503) 829-5321. Contact: [flyingn@molalla.net](mailto:flyingn@molalla.net)

**Oct 25-26, 2013, FORT VALLEY Ride & Tie, Fort Valley, VA**

HELMETS REQUIRED. Seven Fountains Road, Fort Valley, VA 22652 18, 30 and 50 mile courses. Contact: [susntrader@aol.com](mailto:susntrader@aol.com), (703)556-0223.

**Oct 26-27, 2013, CUYAMACA Ride & Tie Julian, CA ~~CANCELLED~~**

Distances: 28,20,13,11,5 miles Manager: Gunilla Pratt 858-735-1373. Contact: [gunillapratt@gmail.com](mailto:gunillapratt@gmail.com)

**Oct 26, 2013, THE HAUNTING Ride & Tie Bend OR ~~NEW RACE!!~~**

## REMEMBERING JIM LARIMER

### June 21, 1948 - August 12, 2013



*Raced from 1971 to 1990 and in 16 years  
accumulated 635 miles with 16 Championship starts and 100% finishes.*

**J**ust found out that my old friend and Ride & Tie partner, Jim Larimer, has passed. We won the 1974 Ride and Tie World Championship in 1974 (7 weeks before I ran the first Western States 100) by a wide margin—17 minutes or so—and that was after getting lost for maybe 4 minutes during the last 5 miles of that 42-mile race.

Jim used to like betting with me. In 1973, a year before we won at Klamath Falls, OR and I ran the 100 miler with the horses, I decided to go down with Jim and his horse to see if I could run the Castle Rock 50-Mile Ride in the Santa Cruz Mountains. On the way down, he proposed the first of our memorable bets: \$10 that I couldn't beat at least 10 of the finishing horses. The next day, I beat 43 out of 92. A year later, in 1974, when I was contemplating trying to run along with the horses in the Western States 100-Mile Ride, Jim again bet me \$10 that I couldn't beat at least 10 of the finishing horses. That was close: I only beat about 15.

Then, in 1994—20 years later, when I was 47—I was coming out of 7 discouraging years in which I had failed to start 4 times, failed to finish twice, and only finished once in a much slower time of 27+ hours. Jim called me up again, saying, "You know, Gordy, I'm a banker and I've been counting up our past bets. I realize I've lost a substantial amount of money to you over the years, and I'd like a chance to win some of it back." So we made almost the same bet: \$10 that I couldn't finish under 24 hours. Once again, I rose to Jim's challenge, and

squeaked in about 12-13 minutes under the 24-hour "wire". But Jim definitely got the last word, when he presented the \$10 to me at the awards program, saying that, as a banker, he looked upon his \$10 as an investment well spent, because he was able to find out what Gordy was willing to work for: 10 cents a mile and 42 cents an hour.

Jim's passing is a reminder that there are cause-effect relationships in life. 1974 was 39 years ago, and Jim and I were in comparable good health. But from then on, I ate health food, continued being athletic, and went with natural medicine whenever practical, and he didn't. I deliberately follow a diet and supplement regimen that lowers my risk of cancer, heart disease & stroke, diabetes, and autoimmune disease. Life is still a game of chance, and luck still plays a big part, but we can stack the odds heavily for or against ourselves by how we live and eat. I don't know what the future holds, but it's likely that choosing health food, athletics, natural medicine, and traditional medicine when natural medicine fails, will get me decades more of life enjoyment.

I don't usually go to funerals and memorials, but I guess I'll go to Jim's. I just wish he had adopted my health and lifestyle practices so that I could have heard his voice on the telephone when I turn 70, saying, "You know, Gordy, I'm a banker. And bankers don't like losing money without a chance to win at least some of it back, so I'm thinking..."

~ Dr. H. Gordon "Gordy" Ainsleigh, Chiropractor



# GEORGE HALL NEVER GIVES UP!!

by Eve Blumenfield



**G**eorge Hall never give's up! Came to the Championships without a horse only to get one an hour before the 43rd World Championships take off! Oh and did I mention no partner?

"Last minute worked out okay. I had done the Championships in 2000, and 2001. I also made an attempt at them in 2006. It was nice to be riding them again, even though I was totally unprepared, got totally lost (sorry George!!), and had no sheepskin on the saddle (my legs may never be the same!). The horse was a dinosaur, huge and brakes didn't really work all that well. Happy I did it, but what an adventure!," Megan says.

Megan Zehendner, George Hall and some species of dinosaur (Poncho). Jason Zehendner, Dave Van Wicklin and Barbie Ride and Tie Championships 2013

Picture by Carol Hewitt

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# RACE RESULTS!!

## Old Dominion, June 8, 2013, Orkney Springs, VA

| Long Course: | 25 miles | Partner 1          | Partner 2       | Horse  | Time    | Place |
|--------------|----------|--------------------|-----------------|--------|---------|-------|
|              |          | Diane Wilson       | Sarah Hendricks | Lure   | 4:30:00 | 1     |
|              |          | Janice Heltibridle | Ann Mebane      | Sonny  | 5:27:00 | 2     |
|              |          | Greg Bradner       | Mary Gibbs      | Tanner | 6:10:00 | 3     |
|              |          | Rhonda Venable     | Ronda Ford      | Bubba  | 6:10:00 | 4     |

## Descanso, June 8, 2013, Descanso, CA

| Long Course:  | 23 miles | Partner 1       | Partner 2      | Horse      | Time    | Place |
|---------------|----------|-----------------|----------------|------------|---------|-------|
|               |          | Rufus Schneider | Kevin Kellar   | Temperance | 2:50:00 | 1     |
|               |          | Beth Love       | Aaron Ruud     | Cisco      | 3:07:00 | 2     |
|               |          | Gunilla Pratt   | Michael Whelan | Kahana     | 3:37:00 | 3     |
|               |          | Sharlee Rushing | Jeanne Sesky   | Jerry      | 4:37:00 | 4     |
|               |          | Jennifer Monioz | Susan Schober  | LP         | 5:00:00 | 5     |
|               |          | Carol Ruprecht  | Thomas Gey     | Findefar   | DNF     | 6     |
| Short Course: | 15 miles | Partner 1       | Partner 2      | Horse      | Time    | Place |
|               |          | Abigail Hughes  | Bree Cable     | Lacie      | 4:18:00 | 1     |

## Klickitat Trek, June 13, 2013, Glenwood, WA

| Long Course:  | 25 miles | Partner 1            | Partner 2         | Horse                  | Time           | Place       |
|---------------|----------|----------------------|-------------------|------------------------|----------------|-------------|
|               |          | <b>Kendall Utter</b> | <b>Lucas King</b> | <b>Kadin</b>           | <b>3:55:00</b> | <b>1 BC</b> |
| Short Course: | 15 miles | Partner 1            | Partner 2         | Horse                  | Time           | Place       |
|               |          | <b>Ben Volk</b>      | <b>R G Root</b>   | <b>Lady 3</b>          | <b>1:28:00</b> | <b>1 BC</b> |
|               |          | Beyyine Ozkan        | Stephanie Irving  | Twix                   | 1:31:00        | 2           |
|               |          | Andrea Anderson      | Blaire Carroll    | Luke                   | 1:35:00        | 3           |
|               |          | Alyssa Marre         | Susan Powell      | Liberty Mountain Star  | 1:48:00        | 4           |
|               |          | Gillian Woodruff     | Melinda Guice     | Don't Ya Know I Dazzle | 1:50:00        | 5           |

## Wild West, June 23, 2013, Nevada City, CA

| Long Course:  | 25 miles | Partner 1          | Partner 2              | Horse             | Time           | Place       |
|---------------|----------|--------------------|------------------------|-------------------|----------------|-------------|
|               |          | <b>Rachel Toor</b> | <b>Rufus Schneider</b> | <b>Temperance</b> | <b>2:50:00</b> | <b>1 BC</b> |
|               |          | Beth Love          | Aaron Ruud             | Cisco             | 3:03:00        | 2           |
|               |          | George Hall        | Melissa Montgomery     | Clown's Courage   | 3:05:00        | 3           |
|               |          | Merry Law          | John Hall              | Sweet Gypsy Rose  | 3:29:00        | 4           |
|               |          | Richard Noer       | Cheryl Domnitch        | Koona             | 3:48:00        | 5           |
| Short Course: | 12 miles | Partner 1          | Partner 2              | Horse             | Time           | Place       |
|               |          | Sara Howard        | Becca Stone            | Ziggy             | 1:03:00        | 1           |
|               |          | Cathy Scott        | Eve Blumenfeld         | Fly Away Joe      | 1:08:00        | 2           |
|               |          | Shellie Anderson   | Susanne Rowland        | Dudley            | 1:10:00        | 3           |
|               |          | Christopher Logan  | Alicia Logan           | Kia               | 1:26:00        | 4           |
|               |          | Dave Denney        | Bill Logan             | Tucker            | 2:04:00        | 5           |

## Snow Tent Slide Gold Country, July 6, 2013, Georgetown, CA

| Long Course:  | 25 miles | Partner 1          | Partner 2              | Horse                 | Time           | Place       |
|---------------|----------|--------------------|------------------------|-----------------------|----------------|-------------|
|               |          | Melissa Montgomery | Becca Stone            | Ziggy                 | 3:56:00        | 1           |
|               |          | Gunilla Pratt      | Michael Whelan         | Kahana                | 4:00:00        | 2           |
|               |          | <b>George Hall</b> | <b>Molly Rose Hall</b> | <b>Clowns Courage</b> | <b>4:09:00</b> | <b>3 BC</b> |
|               |          | Cheryl Domnitch    | Eve Blumenfeld         | Fly Away Joe          | 4:40:00        | 4           |
|               |          | Susan Smyth        | Meghan McNamara        | Joe Peshi             | 4:43:00        | 5           |
|               |          | Jennifer Monioz    | Brenda Blinn           | LP                    | 5:52:00        | 6           |
|               |          | Merry Law          | John Hall              | Sweet Gypsy Rose      | 5:53:00        | 7           |
|               |          | Jeanne Sesky       | Richard Noer           | Jerry                 | 7:29:00        | 8           |
| Short Course: | 10 miles | Partner 1          | Partner 2              | Horse                 | Time           | Place       |
|               |          | Ann Marie Barnett  | James Mather           | Sister                | 1:20:00        | 1           |
|               |          | Sandy Smyth        | Mikaela Sawaya         | Emily                 | 1:38:00        | 2           |
|               |          | Austin Eliante     | Hannah Ramay           | Mickey Blue Eyes      | 1:38:00        | 2           |
|               |          | Colleen Kelly      | Kim Burleson           | Echo                  | 1:41:00        | 3           |
|               |          | Victoria Ordway    | Jessica Pinto          | Mojito                | 1:43:00        | 4           |
|               |          | Bill Logan         | Diane Logan            | Tucker                | 2:17:00        | 5           |
|               |          | Torey Koltun       | Susan Schober          | Angel                 | 2:54:00        | 6           |
|               |          | Emily MacDonald    | Rose Marie Moore       | Cyrus                 | 3:00:00        | 7           |

## Bandit Springs, July 13, 2013, Prineville, OR

| Long Course: | 25 miles | Partner 1        | Partner 2     | Horse    | Time    | Place |
|--------------|----------|------------------|---------------|----------|---------|-------|
|              |          | Kirsten Seyferth | Liz Perkin    | Kadin    | 4:34:00 | 1     |
|              |          | Ben Volk         | Olivia Hankel | Superman | DNF     |       |

## Bandit Springs, July 14, 2013, Prineville, OR

| Long Course:  | 25 miles | Partner 1    | Partner 2     | Horse                 | Time    | Place |
|---------------|----------|--------------|---------------|-----------------------|---------|-------|
|               |          | Alyssa Marre | Susan Powell  | Liberty Mountain Star | 5:38:00 | 1     |
| Short Course: | 10 miles | Partner 1    | Partner 2     | Horse                 | Time    | Place |
|               |          | Ben Volk     | Layne Simmons | Salome                | 1:22:00 | 1     |



# RACE RESULTS!!

## Old Dominion Night Woods, July 27, 2013, Orkney Springs, VA

|                      |                 |                      |                       |                   |         |       |
|----------------------|-----------------|----------------------|-----------------------|-------------------|---------|-------|
| <b>Long Course:</b>  | <b>20 miles</b> | Partner 1            | Partner 2             | Horse             | Time    | Place |
|                      |                 | Rhonda Venable       | Dave Venable          | Dakota            | 4:24:25 | 1     |
|                      |                 | Janice Heltibridle   | Diana Burk            | Shawnee Sail Away | 5:27:22 | 2     |
|                      |                 | Barbara Mathews      | Liara Gonzalez        | Esther            | 5:37:18 | 3     |
|                      |                 | Mary Gibbs           | Greg Bradner          | Tanner            | 6:05:27 | 4     |
| <b>Short Course:</b> | <b>12 miles</b> | Partner 1            | Partner 2             | Horse             | Time    | Place |
|                      |                 | Karin Lore           | Ngana Andrew-Mziray   | Premier           | 1:55:05 | 1     |
|                      |                 | Melissa Hoose        | Maureen Fenimore      | Bubba             | 2:12:38 | 2     |
|                      |                 | Katie King           | Carol Federighi       | Doc               | 2:15:20 | 3     |
|                      |                 | Renee Brachfeld      | Kaziah Brachfeld      | Stetson           | 2:15:20 | 3     |
|                      |                 | Chase Broadus        | Stephanie Keefe       | TF Red McIntosh   | 2:36:30 | 4     |
|                      |                 | Lani Newcomb, D.V.M. | Kathy Broadus, D.V.M. | Oakum             | 2:36:31 | 5     |
|                      |                 | Tracey Thrift        | Roger Wolfe           | Rockette          | 2:37:42 | 6     |

## Seneca Stampede, July 27, 2013, Seneca, OR

|                      |                 |               |                |            |         |       |
|----------------------|-----------------|---------------|----------------|------------|---------|-------|
| <b>Long Course:</b>  | <b>30 miles</b> | Partner 1     | Partner 2      | Horse      | Time    | Place |
|                      |                 | Barrett Titus | Jennifer Titus | Stu        | 5:45:00 | 1     |
| <b>Short Course:</b> | <b>15 miles</b> | Partner 1     | Partner 2      | Horse      | Time    | Place |
|                      |                 | R G Root      | Tanja Menks    | OFW Alivia | 2:04:00 | 1     |

## Old Dominion Night Woods, July 28, 2013, Orkney Springs, VA

|                      |                 |                      |                       |                   |         |       |
|----------------------|-----------------|----------------------|-----------------------|-------------------|---------|-------|
| <b>Long Course:</b>  | <b>20 miles</b> | Partner 1            | Partner 2             | Horse             | Time    | Place |
|                      |                 | Janice Heltibridle   | Skip Kemerer          | Phe\`s A La A Koi | 3:38:40 | 1     |
|                      |                 | Dave Venable         | Rhonda Venable        | Dakota            | 4:15:50 | 2     |
|                      |                 | Barbara Mathews      | Liara Gonzalez        | Esther            | 5:13:40 | 3     |
|                      |                 | Korinne Sharp        | Nathan Hoyt           | Roxy              | 5:17:00 | 4     |
| <b>Short Course:</b> | <b>12 miles</b> | Partner 1            | Partner 2             | Horse             | Time    | Place |
|                      |                 | Mary Gibbs           | Greg Bradner          | Tanner            | 1:58:24 | 1     |
|                      |                 | Chase Broadus        | Stephanie Keefe       | TF Red McIntosh   | 2:57:25 | 2     |
|                      |                 | Lani Newcomb, D.V.M. | Kathy Broadus, D.V.M. | Oakum             | 2:57:26 | 3     |
| <b>Short Course:</b> | <b>6 miles</b>  | Partner 1            | Partner 2             | Horse             | Time    | Place |
|                      |                 | Melissa Hoose        | Diana Burk            | Shawnee Sail Away | 1:14:58 | 1     |
|                      |                 | Judie Artman         | Katie King            | Ashby             | 1:30:52 | 2     |

## 43rd Annual Ride & Tie Championship, August 24, 2013, Fort Bragg, CA

|                      |                 |                       |                            |                       |                |             |
|----------------------|-----------------|-----------------------|----------------------------|-----------------------|----------------|-------------|
| <b>Champ Course:</b> | <b>35 miles</b> | Partner 1             | Partner 2                  | Horse                 | Time           | Place       |
|                      |                 | Mary Tiscornia        | Mark Richtman              | Nero                  | 3:42:00        | 1           |
|                      |                 | Ben Volk              | Heather Huggins            | Marquitable Asset CCA | 3:48:00        | 2           |
|                      |                 | <b>Sara Howard</b>    | <b>Jim Howard</b>          | <b>Magic Sirocco</b>  | <b>3:49:00</b> | <b>3 BC</b> |
|                      |                 | Curt Riffle           | Dave Riffle                | Sabell                | 4:02:00        | 4           |
|                      |                 | Thomas Gey            | Elaine Ruprecht            | Nasabas Zypher        | 4:07:00        | 5           |
|                      |                 | Jennifer Monioz       | Brenda Blinn               | LP                    | 4:21:00        | 6           |
|                      |                 | Michael Whelan        | Gunilla Pratt              | Kahanna               | 4:23:00        | 7           |
|                      |                 | R G Root              | David De La Rosa           | Ofw Aliva             | 4:27:00        | 8           |
|                      |                 | Melissa Montgomery    | Jec Ballou                 | Clowns Courage        | 4:34:00        | 9           |
|                      |                 | Siobhan Saunders      | Angela Rebol               | Serafina              | 4:35:00        | 10          |
|                      |                 | Laney Baris           | Janice Heltibridle         | Voltaire              | 4:44:00        | 11          |
|                      |                 | Steven Anderson       | Chris Amaral               | Final Fling           | 4:51:00        | 12          |
|                      |                 | Richard Noer          | Richard Smith              | Jerry                 | 4:56:00        | 13          |
|                      |                 | Dave Van Wicklin      | Jason Zehendner            | Barbwire              | 4:58:00        | 14          |
|                      |                 | Byron Grant           | Billie-Jo Grant-Ghanotakis | Tess                  | 5:03:00        | 15          |
|                      |                 | Susan Smyth           | Peggy Smyth                | Joe Peshi             | 5:05:00        | 16          |
|                      |                 | Sequoia Ward          | Audrey Maynor              | Magnificent Obsession | 5:20:00        | 17          |
|                      |                 | Christopher Logan     | Alicia Logan               | Corra                 | 5:42:00        | 18          |
|                      |                 | Victoria Ordway       | Jessica Pinto              | Mojito                | 5:48:00        | 19          |
|                      |                 | Eve Blumenfeld        | Meghan McNamara            | Fly Away Joe          | 5:56:00        | 20          |
|                      |                 | George Hall           | Megan Zehendner            | Poncho                | 6:08:00        | 21          |
|                      |                 | Kathy Broadus, D.V.M. | Lani Newcomb, D.V.M.       | Mendocino Gamay       | 6:09:00        | 22          |
|                      |                 | Mary Gibbs            | Greg Bradner               | Ricochet Citron       | 6:09:00        | 22          |
|                      |                 | Rhonda Venable        | Dave Venable               | Picasso               | DNF            |             |
|                      |                 | John Hall             | Merry Law                  | Sweet Gypsy Rose      | DNF            |             |
| <b>Long Course:</b>  | <b>21 miles</b> | Partner 1             | Partner 2                  | Horse                 | Time           | Place       |
|                      |                 | Pat Browning          | Dennis Rinde               | Bud                   | 3:08:00        | 1           |
|                      |                 | Bill Logan            | Diane Logan                | Kai                   | 4:46:00        | 2           |

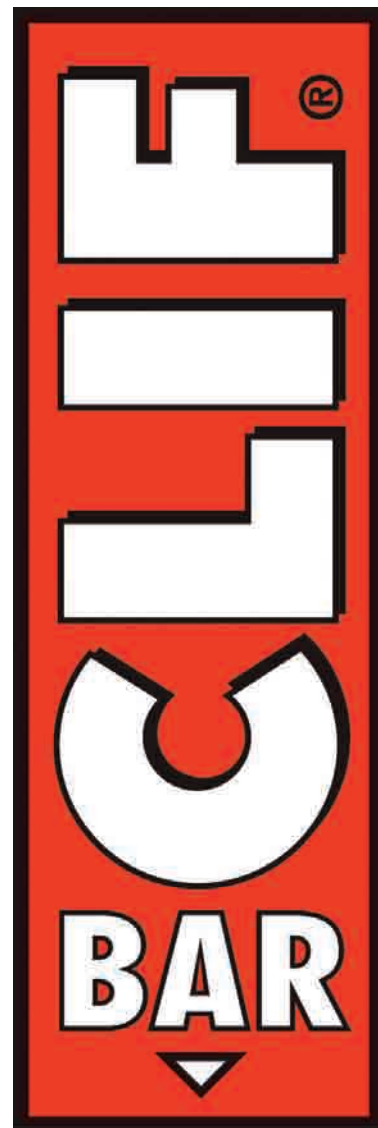
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## SEPTEMBER MYSTERY PHOTO!!



Send your guesses to:  
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## JULY MYSTERY PHOTO REVEALED:

July 30, 2011 at Snow Tent Slide, Nevada City, CA

Victoria Ordway on Clown's Courage, or, almost "on"...

They came in sixth with George Hall, the steady partner.

